

EVERYONE OUT NATURE PROGRAMMES

Our gear list - What to Wear & Pack

Thanks for checking in here to make sure your tamaiti (child) has the right gear for our all-weather outdoor programmes.

Tamariki (children) won't get the most out of our programme if they aren't comfortable, warm and dry. Below is a guide for each season, but please keep an eye on the weather forecast and adjust as needed. Wellington weather can change quickly, so layers are always your friend!

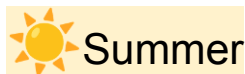
When choosing clothes for Everyone Out, remember that playing outside can get messy! Please encourage your child to wear practical clothes rather than their best clothes.

If your child loves getting messy and doesn't mind playing all day in the rain, please send them with more changes of clothes than the minimums listed below.

For our winter and shoulder-season programmes, all tamariki must have a full set of waterproofs - jacket and trousers/overtrousers.

Please also pack at least one large wet bag or plastic bag so wet and dirty clothes can make their way home without soaking everything else in their bag.

We also understand that getting a tamaiti dressed appropriately in the morning can sometimes be a challenge! If you're having trouble, bring the extra clothes along and let us know. We are happy to help your tamaiti get ready for the day.



Our summer programmes are:

- **January School holidays**
- **Term 1**

What to wear

- Sun hat
- Sun smart clothing, shoulders covered, no singlet straps
 - T-shirt or light long sleeved shirt
 - Shorts or light trousers
- Sturdy sandals or sport shoes

What to bring (minimum)

- Waterproof jacket
- Two full changes of clothes including socks and underwear

EVERYONE OUT NATURE PROGRAMMES

- 2 pairs of socks
- 2 pairs of underwear
- 2 t-shirts
- 1 long sleeved thermal layers (ideally wool or polypro) or long sleeve Tee
- 1 pair of long trousers
 - No jeans please
- 1 pair of shorts
- 1 jersey, (ideally wool or fleece)
- Swimming togs, including rash top.
- Small Towel
- At least 1 large wet bag/plastic bag
- Spare pair of footwear (no jandals or Crocs please)



Shoulder seasons

Our shoulder season programmes are:

- **April School holidays**
- **Term 2**
- **Spring School holidays in Sept/Oct**
- **Term 4**

The weather can be particularly changeable during these seasons, so layers are important!

What to wear

- Warm Hat or Sun hat depending on the weather
- Socks
- Trousers or shorts
- Layers on top.
 - T-shirt or long sleeved T-shirt,
 - Mid-thermal layer on colder days
 - Jersey (wool or fleece)
- Gumboots or waterproof hiking boots

What to bring (minimum)

- Two full changes of clothes including socks and underwear
 - 2 pairs of socks (1 warm, 1 light pair)
 - 2 pairs of underwear
 - 2 t-shirts or singlets
 - 2 long sleeved thermal layers (ideally wool or polypro) or long sleeve Tee
 - 1 pair of long trousers
 - No jeans please
 - 1 pair of shorts
 - 2 jerseys, (ideally wool or fleece)
 - Waterproof jacket and over trousers

EVERYONE OUT NATURE PROGRAMMES

- Small Towel
- At least 1 large wet bag/plastic bag
- Spare pair of footwear

Winter

Our winter programmes are:

- **July school holidays**
- **Term 3**

What to wear

Lots of warm layers!

- Warm Hat
- Warm socks, probably two pairs if your child is wearing gum boots
- Trackpants or thermals leggings plus waterproof over trousers
- MANY layers on top.
 - a singlet/T-shirt,
 - long sleeved thermal,
 - thick woollen/polar fleece jersey,
 - waterproof jacket.
- Puffer vests or jackets are great for extra warmth but they are not waterproof
- Gumboots or waterproof hiking boots

What to bring (minimum)

- Two full changes of clothes including socks and underwear
 - 2 pairs of warm socks (not thin cotton ones)
 - 2 pairs of underwear
 - 2 t-shirts of singlets
 - 2 long sleeved thermal layers (ideally wool or polypro)
 - 2 pairs of long trousers
 - fleece track pants and thermal leggings are great
 - cotton track pants or cotton fleece leggings are ok
 - Thin cotton leggings are only warm enough if paired with other trousers
 - No jeans please
 - 2 warm jerseys, (ideally wool or fleece)
- Small Towel
- At least 1 large wet bag/plastic bag
- Spare pair of footwear

Great additions for our winter programmes

- Gloves or mittens

EVERYONE OUT NATURE PROGRAMMES

- Puffer vest or jacket to be paired with a rain jacket
- Buff or neck warmer (no scarves please)
- Indoor shoes or slippers for in the hall on very wet and cold days
- More spares and extra wet bags if your child loves getting wet and muddy

The golden rule: If in doubt, pack more layers and more spare clothes!